

Enduring Skill	Reference to Standards	What's Mastery Look Like at your Grade Level?	Sources of Evidence: What is available or needs to be developed?
Analyze the influence of family, peers, culture, media, technology, and other factors on health behavior (NHES 2)	PL-H-PW-S-FCH2.a-e PL-6-PW-S-FCH1.a-e PL-5-PW-S-FCH1.a-e PL-P-PW-S-FCH-1.a-c		
Access valid information, products, and services to enhance health (NHES 3)	PL-H-PW-S-FCH1 PL-6-S-S-6 PL-4-S-S-7 PL-P-S-S-6		
Use interpersonal communication skills to enhance health and avoid or reduce health risks (NHES 4)	PL-H-PW-S-SMEH4 PL-7-S-S-7 PL-4-PW-S-SMEH1.a-f PL-P-PW-S-SMEM-1.a-g		
Use decision-making skills to enhance health (NHES 5)	PL-H-PW-S-SMEH3 PL-8-PW-S-SMEH2 PL-5-PW-S-SMEH2 PL-P-N-S-6		
Use goal-setting skills to enhance health (NHES 6)	PL-H-PW-S-PPH2 PL-8-PW-S-GD1 PL-4-PW-S-SMEH2		
Practice health-enhancing behaviors and avoid or reduce health risks (NHES 7)	PL-H-S-S-4 PL-7-PW-S-DP3.a-d PL-4-PW-S-PPH3 PL-P-PW-S-DP-1		
Advocate for personal, family, and community health (NHES 8)	PL-H-PW-U-1 PL-7-PW-U-1 PL-4-PW-S-PPH3 PL-P-PW-S-PPH1		

NHES = National Health Education Standard

Links to NHES and KCAS alignment documents:

- High School: <http://education.ky.gov/curriculum/CSH/Documents/High%20School%20Health%20KCAS%20Aligned%20to%20NHES.pdf>
- Middle School: <http://education.ky.gov/curriculum/CSH/Documents/Middle%20School%20Health%20KCAS%20Aligned%20to%20NHES.pdf>
- Intermediate: <http://education.ky.gov/curriculum/CSH/Documents/Intermediate%20Health%20KCAS%20Aligned%20to%20NHES.pdf>
- Primary: <http://education.ky.gov/curriculum/CSH/Documents/Primary%20Health%20KCAS%20Aligned%20to%20NHES.pdf>